



Adult Martial Arts Programs TIMETABLE

Effective from Wednesday 16th November 2021

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Mat 1 (L)	Mat 2 (R)	Mat 1 (L)	Mat 2 (R)	Mat 1 (L)	Mat 2 (R)	Mat 1 (L)	Mat 2 (R)	Mat 1 (L)	Mat 2 (R)	Mat 1 (L)	Mat 2 (R)
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[www.canberramartialarts.com.au](http://www.canberramartialarts.com.au)

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